**SEX & GENDER GLOSSARY**

**SEX**
A set of biological attributes including chromosomes, gene expression, hormone levels, and function, and reproductive anatomy. Sex is usually assigned at birth by observation of a baby’s external genitalia, not by their internal organs, hormones, or genes.

**INTERSEX**
Describes a person with one or more innate sex characteristics, including genitals, internal reproductive organs, and chromosomes, that fall outside of binary conceptions of male or female bodies. Around 1.7% of people are born intersex, comparable to the number of people born with red hair.

**CISGENDER**
Describes a person whose gender identity matches their sex assigned at birth.

**TRANSGENDER (TRANS)**
Describes a person whose gender identity differs from the sex they were assigned at birth.

**GENDER**
Socially constructed roles, behaviors, expressions, and identities. Gender is often treated, erroneously, as equivalent to sex: boy/man = male and girl/woman = female.

**GENDER IDENTITY**
A person’s internal, deeply held knowledge of their gender.

**INTERSEX**
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**GENDER EXPRESSION**
External manifestations of gender, expressed through a person’s name, pronouns, appearance, clothing, voice, and/or behavior.

**GENDER DIVERSE**
An umbrella term describing any person whose gender identity, role, or expression differs from socially prescribed cisgender norms.

**GENDER EUPHORIA**
The comfort and joy someone experiences when their gender expression is aligned with their gender identity.

**GENDER AFFIRMING CARE**
An umbrella term to describe surgical, hormonal, psychosocial, or other medical services provided to transgender and gender diverse people.

**MISGENDERING**
When someone addresses or refers to another person by the wrong gender. This includes referring to a person using the wrong pronouns or honorifics such as Mr. or Ms., or by calling a trans person by their deadname—the name they used before they transitioned.

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**NONBINARY (ALSO GENDER FLUID, GENDERQUEER, AND AGENDER)**
Describes a person whose experience of their gender identity and/or gender expression falls outside the binary gender categories of “man” and “woman.”

**GENDER EUPHORIA**
The comfort and joy someone experiences when their gender expression is aligned with their gender identity.

**GENDER DYSPHORIA**
The distress a person experiences when their gender identity does not match their sex assigned at birth.

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External manifestations of gender, expressed through a person’s name, pronouns, appearance, clothing, voice, and/or behavior.

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An umbrella term to describe surgical, hormonal, psychosocial, or other medical services provided to transgender and gender diverse people.

**GENDER DIVERSE**
An umbrella term describing any person whose gender identity, role, or expression differs from socially prescribed cisgender norms.

**TRANSITIONING**
The medical, legal, and/or social process a person undertakes to bring their gender expression and/or their body into alignment with their gender identity.

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